Family Side Gig Planning Sheet

Use this planning sheet to think through how a side gig can fit your schedule while protecting your family rhythms.

- How many hours can I realistically dedicate each week?

- When could I work on this? (mornings, evenings, weekends)

- What family boundaries do I want to protect?

- What support or help would make this easier?

- What is one small next step I can take this week?

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